



In collaboration with



ISTITUTO ROMANO  
DI PSICOTERAPIA  
PSICODINAMICA  
INTEGRATA  
Rome - Italy

Con il Patrocinio dell'Ordine  
degli Psicologi del Lazio



Ordine degli  
Psicologi del Lazio

Venue: UNICEF Building  
Roma, via Palestro 68

**7-8 NOVEMBER 2014**

Contact: [nicola.zippel@gmail.com](mailto:nicola.zippel@gmail.com)

+39 333 7511618

[www.irppiscuolapsicoterapia.it](http://www.irppiscuolapsicoterapia.it)

## Registration and fees

DATE	IASD	NON-	STUDENTS
	MEMBER	MEMBERS	& GUESTS
before 01.10.2014	100 €	130 €	70 €
after 01.10.2014	130 €	160 €	80 €

### Payment:

Associazione-EutimeOnlus.

IBAN:IT6410103003232000001388456

BIC: pascitm1a30



### Organizing Committee

Nicola Zippel (Host)

Giuseppe Lago (Program Chair, Scientific Track)

Stefano Martellotti (Program Chair, Workshops)

Tiziana Liverani (On-Site Registration)

Susannah Benson – Claude Desloges (IASD connection))



### Scientific Board

Massimo Biondi, Giuseppe Lago, Francesco Peverini,

Laura Cherubini, Carlo Blundo, Giuseppe Tropeano,

Alberto Oliverio, Fulvia Adriano, Riccardo de Sanctis,

Antonio Petracca, Maria Grazia Capillo

### TOPIC SUGGERITI:

\* The continuity waking state/dreaming state  
\* Sleep disorders and their effects on dream experience, and suggested treatments.

\* The dream and the dreamer in literature and art.

\* The relationship between reality and unreality in dream experience.

\* The role of dream activity in the therapeutic setting.

\* Lucid dreaming.

\* The meaning of dreaming in human evolution and social life of individuals.

\* The role of dream in sleep medicine

## Presentation



The word “dream” is not univocal: It can indicate a mental state, a neurophysiological process, a future project, a private desire, a pathetic illusion, among other meanings. Such a polyvalence of the name implies a polyvalence of the concept: when saying “dream”, one can mean the brain process that instantiates during sleep, the contents of such a process, the mental state of imagination, the imagined content, and so on. To reduce this polyvalence to an ambiguity, “dream” can mean both the mental process and its contents. Thus, one can distinguish between dream as act and dream as act-content. According to this perspective, one can claim that a univocal view is not enough to approach a multifaceted phenomenon. Though the neurobiological description of the dream process remains the unavoidable basis for any rigorous investigation on dreaming, such a description does not encompass a few other aspects that can be taken into account in dealing with the dream state. Basing itself on the aforementioned considerations, the conference will propose an interdisciplinary discussion on dreaming that will focus on the diverse perspectives able to provide a comprehensive understanding of what it is like to dream. Hence, medical and neurophysiological explanations of the dream experience will be accompanied by and compared with analyses coming from the research fields of psychology, psychotherapy, cognitive science, philosophy, and art. In this way, the conference aims at offering a variegated reading of the most common and mysterious phenomenon of mental life.

## Program

7 November

8.30-9.00

Registration

9.00-9.30

Welcome Address

9.30-11.30

Parallel Sessions:

**Dream Recall and Evaluation Scale**

Chair: Antonio Petracca

“Dream Recall and Nightmare Frequency in relation to Alexithymia and Personality Variables” – L. Kluzova Kracmarova, Czech Republic

“The Level of Agreement and Position on the Bishop Grossetete Scale Should Determine the Dream Content Variability” - J. M. Corbett, IASD USA

“Characteristics of Awakenings and Arousals in the Sleep Cycle of High and Low Recallers” – P. Ruby, France

**Psychotherapy and Dream**

Chair: Stefano Martellotti

“Attitudes Towards Dreams in the Life Span” – M. Holda and B. Szmigielska, Poland

“Dream Distortion as Intrapsychical Meta-Communication”- Paolo Clemente, Italy

“Sleep and Dreaming in Borderline Personality Disorders” – D. Skrzypinska, Poland

“Working with Dreams in CBT: from Aaron Beck to Jeffrey Young” – D. Skrzypinska and M. Słodka, Poland

11.30-12.00

Coffee break

12.00-13.30

**Keynote lecture: Prof. Bruno Bara (Turin)**

**Tell me how you dream**

Chair: Carlo Blundo

13.30-14.30

Lunch break

14.30-16.00

Parallel Sessions:

**Art, Philosophy, and Dreaming**

Chair: Maria Grazia Capillo

“Pascal’s Wager and Dreams” – Douglas R.Jordan

“Dream Safari with the Blue Gazelle: Active Imagination and Creative Art” – Michael. P. Jenkins, USA

“On Plato’s Dreaming Conception in Freud’s Theory” – Marco Solinas, Italy

**Art; Cinema, and Dreaming**

Tiziana Liverani

“Conscious and unconscious dream-like properties of Giorgione’s *Tempest*” – U. Barcaro, Italy

“Dreams and Dream Culture in the Cinema of Andrei Tarkovsky” L. S. Milne, England

16.00-16.30

Coffe Break

16.30-17.30

**Special Session: Dream and Art**

Chair: Miriam Mirolla

“Creativity, Art, and Dream”, Sergio Lombardo, Italy

17.45-19.00

Chair: Giuseppe Lago

**IRPPI Students Special Session**

20.30

Conference dinner

8 November

8.00-9.00

Morning dreaming group (Dr. S. Martellotti)

9.30-11.00

**Special Session: Psychodynamic and Dream**

Chair: Francesco Peverini

“The use of Dreams as an Instrument For Diagnosis and Treatment in Psychodynamic Psychotherapy” - Cristina Bottoni, Italy

“Gifted Boy is dreaming” - Giuseppe Tropeano, Italy

“The Soul’s Hands: Images in Action and Sandplaying Analysis” - Giuseppe Andreotto, Italy

11.00-11.30

Coffee break

11.30-14.00

**Neuroscience and Dream**

Chair: Giuseppe Tropeano

“Olfactory Stimulation during Sleep can reactivate odor-associated Images in Dreams” – M. Schredl, Germany

“Bizarre Cognition in Dreams and Wakefulness: the Role of the right Hemisphere” – A. D’Agostino, Italy

“Application of the Property of Brain Tissues’ Viscoelasticity to describe Waking-Sleep Continuity Theory” – M. Dini, Canada

“Segmentation of REM Sleep into Three Substages” - Gabriele Pieri, Italy  
"Dreaming in Sleep Apnea Disordered Patients" Francesco Peverini and Stefano Martellotti, Italy

14.00-15.00

Lunch break

15.00-16.30

**Cross-Cultural Approaches to Dreaming**

Chair: Cristina Bottoni

“Dreaming the bite” – Fulvia Adriano, Italy

“Transformation-Dreams and the 7 Stages of Consciousness” – Ann Bengtsson, Norway

“Dream in United Arab Emirates and Poland: a Cross-Cultural Comparison” – M. Dankiewicz and D. Skrzypinska, Poland

16.30-17.00

Coffee break

17.00-18.30

**Keynote Lecture: Jennifer M. Windt (Mainz)**

**Dreaming and the Self: How Dream Research can contribute to interdisciplinary Consciousness Research**

Chair: Nicola Zippel

18.30-19.00

Closing Words